

**SPORTS AUTHORITY OF INDIA
(TEAMS Division)**

New Delhi, dated: 27th April, 2022

Minutes of meeting held on 22nd April, 2022 chaired by Secretary (Sports) to consider the proposal of ACTC for the discipline of Yogasana for the year 2022-23.

A meeting to finalize the Annual Calendar for Training and Competition (ACTC) for Yogasana for the year 2022-23 was held on 22nd April 2022 at 3:15 PM under the chairpersonship of Smt. Sujata Chaturvedi, Secretary (Sports) MYAS at the Conference Hall, Sports Authority of India HQ, New Delhi. The list of participants is at Annexure I.

2. Yogasana is in General Category discipline. Further, Yogasana being an indigenous and a traditional game, ACTC 2022-23 meeting was held to provide adequate support for popularising the game. This outreach may enable Yogasana to become a part of Olympic and Asian Games in the future.
3. At the outset, President, NYSF listed the projected targets for Yogasana including Asian Games, 2022 and submitted the following measurable outcomes:

KRA & Milestone					
(Senior)					
Competition	Year	Participation	Top 8	Medals	Medals Available
Olympic Games	2020	NA*	-	-	-
Olympic Games	2024	Demonstrative Sport	-	NA	NA
Olympic Games	2028	Demonstrative Sport	-	NA	NA
World Championship	2022	Hosting	-	30	30
Asian Games	2022	Demonstrative Sport	-	-	-
Commonwealth Games	2022	Demonstrative Sport	-	-	-
(Junior)					
Youth Olympic Games	2026	Demonstrative Sport	-	-	-
Youth Olympic Games	2030	Introduction as Competitive Sport	-	-	-
Jr. World Championship	-	Introduction as Competitive Sport	-	-	-
Jr. Asian Championship	-	Introduction as Competitive Sport	-	-	-
Jr. Commonwealth Championship	-	Introduction as Competitive Sport	-	-	-

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27/4/2022
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4. NYSF presented the plans for the National Coaching Camps and Foreign Exposures. The budget summary was presented thereafter in accordance with the latest norms for funding under Assistance to NSF Scheme.

5. President, NYSF made following commitments, which were included as binding decisions as part of approved ACTC calendar and budget:

- 5.1 Gender Budgeting to be done to ensure equal expenditure for Men and Women.
- 5.2 Strengthening and capacity building in National Camps through inclusion of Sports Science Staff and ensuring scientific evaluation of campers and targeted interventions thereof. Data management of the performance evaluations be ensured.
- 5.3 Maintaining a proper system of utilisation of Government grants under the scheme.
- 5.4 Displaying of all grants received through the scheme on website of NYSF.
- 5.5 Strict compliance of WADA Code and NADA rules, details of educational plans for athletes and display of Anti-Doping awareness programmes on their respective websites.

6. The calendar and budget were considered and approved with modifications pursuant to deliberations. The total budget for the ACTC was approved for NYSF up to March, 2023 with a cap of **Rs. 1.30 Crores**, of this 10% is earmarked for contingencies and 3% for administrative expenses of the NSF as per the latest norms of MYAS dated 28thFebruary 2022. It is emphasized that NSF will ensure that all needs of athletes as projected under ACTC is fulfilled.

7. The budget was approved for the following requirements:

7.1 National Coaching Camp (Senior& Junior)

Placed at Annexure – II.

7.2 International Competition (Senior& Juniors)

Foreign Exposure in all age groups and across all events should be with a focused approach on targeted events where there are realistic medal chances and with commensurate exposures to the Junior Group. Further, limit of 90 days in a year for training and competition abroad has to be adhered to.

Placed at Annexure – III.

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7.3 International Competition in India

Placed at Annexure – IV.

7.4 National Championships

Placed at Annexure – V.

7.5 Remuneration –Foreign Coaches & Support Staff

Indian coaches should be provided with proper training during the tenure of Foreign Coach so that Indian coaches are also groomed and dependence on foreign coaches gets reduced. The overall expenditure of foreign coaches & support staff not to exceed 30% of the total budget sanctioned under ACTC.

Placed at Annexure – VI.

7.6 Remuneration – Indian Coaches & Support Staff

The names and salaries of the coaches and support staff to be empanelled for the National Coaching Camps shall be approved separately by the Empanelment Committee by **30.04.2022**.

Placed at Annexure – VII.

7.7 Equipment (Consumables & Non-Consumables)

The NSF to procure equipment as per circular of MYAS.

Placed at Annexure – VIII.

7.8 Coach, Referee & Technical Official Development Plan

Placed at Annexure – IX.

8. The proposed ACTC was approved within the approved budgetary ceiling as stated at Para 6 above.
9. Modifications to the calendar can be made by NSF with the approval by DG SAI within the overall approved budget. It is reiterated that all the guidelines mentioned in MYAS circular dated 28th Feb, 2022 will be adhered to.
10. Secretary (Sports) emphasised on the following aspects:
 - a. Hosting of Yogasana World Conference in India.
 - b. Conduct of School Games by NSF and Women League under Khelo India Scheme.

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- c. Alternate training and competition plans should be prepared to cater for any possible further outbreaks of COVID 19. Also, strict protocols should be put in place to avoid Covid-19 infections during training.
- d. Department of sports would grant necessary sanction for Coach, Referee & Judge development under HRDS. NYSF would submit a comprehensive proposal to Director (Sports). The cost for upgrading knowledge/skills and acquiring higher-level accreditation from International Federation would be funded under HRDS.

11. The meeting ended with a vote of thanks to the Chair.

31/07/2022
27/4/2022



(Radhica Sreeman)
Executive Director (TEAMS)

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List of Participants who attended the meeting:

1. Mr. Sandip Pradhan, Director General, SAI
2. Ms. Ritu Sain, Director General, NADA
3. Mr. L. S. Singh, Joint Secretary (Development), MYAS
4. Ms. Radhica Sreeman, ED, TEAMS, SAI
5. Mr. S. P. S. Tomar, Deputy Secretary, MYAS
6. Mr. Harish Babu P., SDO, TEAMS, SAI
7. Mr. Nikunj Aswal, PO, Yogasana, SAI

Representatives of National Yogasana Sports Federation (NYSF) present in the meeting:

1. Mr. Udit Hari Seth, President, National Yogasana Sports Federation (NYSF)
2. Dr. Jaideep Arya, Secretary General, National Yogasana Sports Federation (NYSF)
3. Mr. Ram Chawla, Officer Manager, National Yogasana Sports Federation (NYSF)
4. Mr. Shreyas Markanday, Senior Consultant, National Yogasana Sports Federation (NYSF)

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27/4/2022

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National Coaching Camps								
Senior & Juniors (Men& Women)								
S.No.	Purpose of Coaching Camp	Composition of Participants			Period		Total	Venue
		Players	Coaches	Support Staff	From	To	Days	
1	Senior World Yogasana Sports Championship	24	3	2	TBD	TBD	21	TBD
2	Junior World Yogasana Sports Championship	24	3	2	TBD	TBD	21	TBD

निदेशक अखिल
27/9/2022

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Annexure 'III'

International Training/ Exposure								
Senior & Juniors (Men& Women)								
S.N.	Purpose of Coaching Camp	Composition of Participants			Period		Total	Venue
		Players	Coaches	Support Staff	From	To	Days	
1	Senior World Yogasana Sports Championship	24	3	2	TBD	TBD	21	TBD
2	Junior World' Yogasana Sports Championship	24	3	2	TBD	TBD	21	TBD
International Competition Participation								
Senior & Juniors (Men& Women)								
1	Junior Asian Yogasana Sports Championship 2022-23	12	1	2	TBD	TBD	2	
2	Senior Asian Yogasana Sports Championship	12	1	2	TBD		2	
3	Cultural Exchange International Yogasana Tournament	24	1	2			2	

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International Competition in India								
Senior & Juniors (Men& Women)								
S.N.	Name & Location of Competition	Composition of Participants			Period		Total	Venue
		Players	Coaches	Support Staff	From	To	Days	
1	Senior World Yogasana Sports Championship	12	1	2	TBD	TBD	3	TBD
2	Junior World Yogasana Sports Championship	12	1	2	TBD	TBD	2	TBD

निवेदन अंतर्गत
27/4/2022

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National Championships for Senior, Junior & Sub-junior								
S.N.	Name of Championship	Details			Period		Total	Venue
		Category/ Age Group	Expected no. of States /UT	Proposed date of submission of proposal	From	To	Days	
1	3 rd Sub Junior & Junior National Yogasana Sports Championship	Sub Junior & Junior	32	TBD	TBD	TBD	6	TBD
2	3 rd Senior National Yogasana Sports Championship	Senior	32	TBD	TBD	TBD	3	TBD
3	Divyang National Yogasana Sports Championship (Para Yogasana)	Sub Junior, Junior & Senior	32	TBD	TBD	TBD	6	TBD
4	Prestigious Tournament-Himalayan Yog Olympiad (Yogasana)	Sub Junior, Junior & Senior	25	TBD	TBD	TBD	3	TBD

निदेशक अखिल
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Remuneration for Coaches & Support Staff (Senior& Junior)			
Indian Coaches& Support Staff			
1	TBD	Chief Coach	5
2	TBD	Asstt. Coach (Male)	9
3	TBD	Asstt. Coach (Female)	9
4	TBD	Physiotherapists	9
5	TBD	Nutritionists/Dieticians	9
6	TBD	Masseur	9

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Annexure 'VIII'

Sports Equipment (Non-Consumable & Consumable) for Seniors & Junior			
S.N.	Item	Quantity	Desired Make
1	Yogasana Bricks	100	-
2	Wrist Support	50	-
3	Thera Band	100	-
4	Ankle Weights	50	-
5	Benches	10	-
6	Yogasana Ball	10	-
7	Wall Bar	10	-
8	Yogasana Belt	10	-
9	Scoring System	5	-
10	Yogasana Arena Mats (4*4m)	2	-
11	Yogasana Arena Mats (8*8m)	2	-
12	Yogasana Arena Mats (10*10m)	2	-
13	Yogasana Arena Mats (12*12m)	2	-

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Development Plan					
Certification/Degree/Course	Present Numbers	Numbers Targeted			
		2022	2023	2024	2025
International Certification Level I	30	30	30	30	30
International Certification Level II	-	-	-	-	-
International Certification Level III	-	-	-	-	-
International Certification Level IV	-	-	-	-	-
NSF Certification Level I	-	-	-	-	-
NSF Certification Level II	-	-	-	-	-
NSF Certification Level III	-	-	-	-	-
NSF Certification Level IV	-	-	-	-	-
NIS Diploma	20	20	30	30	30
Referee & Technical Officials Development Plan					
International Certification Level I	-	-	-	-	-
International Certification Level II	-	-	-	-	-
International Certification Level III	- Coach	-	-	-	-
International Certification Level IV	-	-	-	-	-
NSF Certification Level I	-	-	-	-	-
NSF Certification Level II	-	-	-	-	-
NSF Certification Level III	-	-	-	-	-
NSF Certification Level IV	-	-	-	-	-
NIS Diploma	20	20	20	20	20

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